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FULL-TIME FACULTY

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GAIL MATTHEWS, PH.D.

Dr. Matthews is a clinical psychologist who focuses on couples therapy, anxiety disorders, and life transitions. She is also a life and career coach, specializing in overcoming barriers to success and fulfillment. Her research on dealing with the "imposter phenomenon" (feelings among some successful people that they do not deserve their success and that they have fooled others who perceive them as competent) received national media attention and her research on blaming the victim (the "just-world hypothesis") is considered a classic in social psychology. Gail chaired the Psychology Department from 1977-1999, and developed the courses in Psychology of Career Choice and Career Development, which she currently teaches. She also regularly teaches Field Placement, Directed Research, Life Coaching, Creating Your Future, and Positive Psychology. Dr. Matthews is currently conducting research testing the effectiveness of life coaching techniques.

Professor of Psychology-Tenured

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Office Hours Fall, 2006: Research Sabbatical in progress. During this time, please contact Dr. Matthews via email.

CURRENT RESEARCH

I have just completed initial analysis of my research on the factors which enhance achievement of business and work-related goals.

- Brief Summary of Recent Goals Research

I regularly teach courses on Life Coaching, Behavioral Coaching, Positive Psychology, and have conducted research on the Impostor Phenomenon.

TEACHING RESOURCES

- Psy 3017 Authentic Happiness website
- Short List of Field Placements
- Psy 3181 Kiersey Temperament Test
- Psy 3181 Myers Briggs On-line
- Psy 3182 Field Placement Sites
- Psy 4940 Field Placement Application
- Psy 4940 Reflection Paper
- Psy 4940 Supervisors Evaluation of Student Intern
- Psy 4940 Student Intern's Evaluation of Field Placement
- Psy 4997 & Psy 4998 Senior Thesis Handbook
- Psy 4997 & Psy 4998 IRB Application

PSYCHOLOGY LINKS

- American Psychological Association
- American Psychological Society
- Psych Web Master Site

FIELD PLACEMENT RESOURCE LINKS

Marin County Resources

(www.marin.org/comres/index.cfm)

- Aging/Seniors
- Emergency Assistance
- Nonprofits
- Animal Care and Welfare
- Employment and Training
- Environment
- Media
- Family and Youth Services
- Child Care and Services
- Sports
- Crisis (Hot) Lines
- Health and Social Services
- Disabilities
- Homelessness
- Housing
- Drugs and Alcohol

- Information and Referral
- Volunteering
- Education
- Legal Services
- Disaster Preparedness

Center for Volunteer and Nonprofit Leadership

(http://www.centerforleadershipmarin.org/)

- Search for Volunteer Positions

Marin Civic Center Volunteers

- Marin Civic Center Resources
- Or e-mail jbrown@co.marin.ca.us phone (415)499-7167

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